

GUJARAT TECHNOLOGICAL UNIVERSITY

SOFT SKILLS DEVELOPMENT PROGRAM TIME MANAGEMENT AND MIND MANAGEMENT

Gujarat Technological University organized Soft Skills Development Program on 27th September 2017 for giving sessions on Time Management and Mind Management to GTU staff members. Staff members from various sections of Gujarat Technological University remained present for the program on Time Management and Mind Management.



Dr. Yashvant Joshi – Chairman; Unnat Gramsamaj Nirman Kendra was key note speaker and he talked about time management and its importance in day to day implications in our daily life.

MAJOR HIGHLIGHTS OF PROGRAM

- INTRODUCTION TO CONCEPT OF TIME MANAGEMENT
- IMPORTANCE OF TIME MANAGEMENT IN OUR DAILY LIFE
- BENEFITS AVAILED BY ORGANIZING THE WORK AND MANAGING TIME
- USEFULNESS OF MIND MANAGEMENT

